

**NOTE: All groups take place at 23 The Crescent in Leatherhead, unless stated otherwise**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		<p>9:00-12:00 <b>Advice &amp; Info Appts</b> Last 2018 session – 18<sup>th</sup> Dec First 2019 session – 8<sup>th</sup> Jan</p> <p>10:00-11:00 <b>Walking Football</b> Meadowbank, Dorking Last 2018 session – 18<sup>th</sup> Dec First 2019 session – 8<sup>th</sup> Jan</p> <p>10:00-12:00 <b>Art</b> Last 2018 session – 18<sup>th</sup> Dec First 2019 session – 8<sup>th</sup> Jan</p>	<p>11:00-14:00 <b>Butterfly Café</b> Only closed 26<sup>th</sup> Dec</p>		<p>10:00-15:00 <b>Advice &amp; Info Appts</b> Last 2018 session – 21<sup>st</sup> Dec First 2019 session – 4<sup>th</sup> Jan</p> <p>11:00-14:00 <b>Butterfly Café</b> Ongoing over Xmas</p> <p>11:00-14:00, 14<sup>th</sup> Dec <b>Xmas Lunch</b> </p>	<p>11:00-12:00 <b>Walk for Health</b>, Leatherhead Theatre – 8<sup>th</sup> Dec / 12<sup>th</sup> Jan</p>
Afternoon	<p>15:30 – 16:30 <b>Football Training</b> (Leatherhead Leisure Centre) Last 2018 session – 10<sup>th</sup> Dec First 2019 session 7<sup>th</sup> Jan</p>		<p>13:30-15:30 <b>Healthy Eating Workshop</b> (5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup>)</p> <p>14:00-15:30 <b>Women's Group</b> Last 2018 session – 19<sup>th</sup> Dec First 2019 session – 9<sup>th</sup> Jan</p>	<p>13:00-17:00 <b>Advice &amp; Info</b> – Linden House – 20<sup>th</sup> Dec</p>	<p>13:15-14:15 <b>Beginners Yoga</b> – Church Hall, St. Peter &amp; St. Paul Church, Garlands Road, Leatherhead 11<sup>th</sup> Jan (for 6 weeks)</p>	
Evening				<p>19:00-21:00 <b>Bipolar Group</b> 6<sup>th</sup> Dec / 3<sup>rd</sup> Jan</p> <p>19:00-21:00 <b>Hoarder's Group</b> 13<sup>th</sup> Dec / 10<sup>th</sup> Jan</p> <p>19:00-21:00 <b>Men's Group</b> 20<sup>th</sup> Dec</p>		

All activities are weekly unless dates are otherwise stated.