

Goal Setting & Decluttering

This 4 week course will help you to organise your work and home space and your emotional clutter

This course is Free of Charge and is for clients registered with Mary Frances Trust.

Book today:

Contact Mary Frances Trust- 01372 375400, text 07929 024722, or email: Info@maryfrancestrust.org.uk

To obtain a pin number then book online or by phone on **0300 303 3464**

www.wea.org.uk course code:

C3744083

When: Tuesday 11th June- 9th July
6.30pm- 9pm (every Tuesday for 4 weeks except 18th June)

Where: Mary Frances Trust, The Crescent, Leatherhead

Time: 6.30pm- 9pm

Facilitator: Angie Muscio



Education & Skills Funding Agency



The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no. SC039239).



Mary Frances Trust supports people to improve their emotional wellbeing through one to one support, courses, groups and activities designed to aid recovery