

Decluttering and Goal Setting Course

wea.org.uk

The New Year is a time for spring cleaning and making new beginnings.

This course will help you to declutter your home, mind and work space and help you to set SMART goals for the future to move your life forward.

Tutor: Angie Muscio

Free of charge This course is for clients of Mary Frances Trust

Dates: Thursday 31st January – 14th February (every Thurs for 3 weeks)

Where: The Brickfield Centre, Epsom, Surrey, KT17 1DL

Time: 10.30am- 1pm

To book please first contact:

Mary Frances Trust-01372 375400, or email: info@maryfrancestrust.org.uk

(register first with Mary Frances Trust to obtain a pin number then book your place via the WEA

Online: www.wea.org.uk or by phone

0300 303 3464. **Course reference**

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