

# MaryFrancesTrust

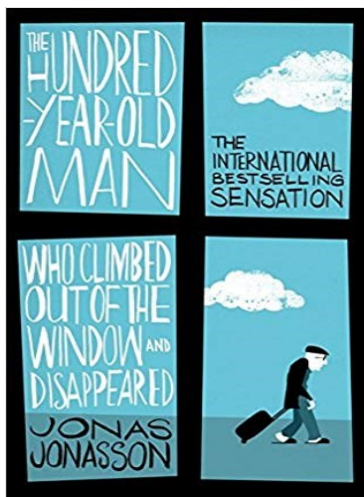
## MFT Book Club

Mary Frances Trust are running a monthly 'Book Club' in Elmbridge which will take place on the **4th Monday of every month between 4-5pm.**

A selection of books will be nominated each month and one book chosen by a members vote, we will then meet up the following month to discuss the book with fellow readers.

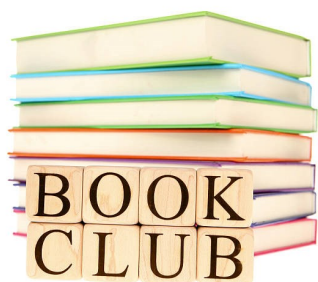
Groups will be friendly and share a passion for reading.

### NEXT BOOK UP!



### **The 100 year old man who climbed out of the window and disappeared**

**After a eventful life, Allan ends up in a nursing home. A big celebration is set for his 100th Birthday but Allan isn't interested so he decides to escape. He climbs out the window in his slippers and embarks on a funny and entirely unexpected journey.**



### **Next meet: Monday 19th August**

Venue: The Chelsea Flower shop Café,  
1 The Green,  
Hersham,  
KT12 44W

Time: 4:00pm – 5:00pm

To book a place or to find out more information please contact

**Mary Frances Trust on**  
**01372 375400, text 07929 024722,**  
**or email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)**

*Mary Frances Trust supports people to improve their emotional wellbeing through one to one support, courses, groups and activities designed to aid recovery.*