



BADMINTON FOR MENTAL WELLBEING

FREE 6 WEEK COURSE THURSDAYS 13.30-14.30
@ Rainbow Leisure Centre (Starting 6th June)

Venue: Rainbow Leisure Centre, East Street, Epsom KT17 1BN

Description: Fun, drop-in badminton session for people experiencing mental health problems. **All abilities welcome!**

This group is provided FREE by mental health charity **Sport in Mind**, GLL and Mary Frances Trust for the benefit of local people.

Book today via Mary Frances Trust on:

 01372 375400 (Text) 07929 024722

 info@sportinmind.org



www.sportinmind.org

