

LGBT Peer Support Group

in Leatherhead

Come and join us to:

- Meet people with shared experiences and identities
- Support each other in a safe, confidential, friendly and non-judgmental environment
- Reduce loneliness and isolation and share coping strategies
- Help set up activities that support your emotional wellbeing

This group launches **on Thursday 18 July 2019**

and will be held **on the 3rd Thursday of every month**

at **Mary Frances Trust, 23 The Crescent**

Leatherhead, KT22 8DY

7pm to 9pm

No need to book, just show up. Free of charge.

Tel: 01372 375400 Text: 07412 324719

email: info@maryfrancestrust.org.uk

This group is for LGBT adults aged 18+, living with a mental health condition, either diagnosed or undiagnosed. It is run by experienced LGBT professionals from Mary Frances Trust, in partnership with Pride in Surrey.

Mary Frances Trust supports people to improve their emotional wellbeing through one-to-one support, courses, groups and activities designed to aid recovery.