

ACTIVITIES for April 2019 in Mole Valley

NOTE: All groups take place at 23 The Crescent in Leatherhead, unless stated otherwise

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		9:00-12:00 Advice & Info Appts 10:00-11:00 Walking Football Meadowbank, Dorking 10:00-12:00 Art with Beccy	11:00-14:00 Butterfly Café	10:00-12:00 Food Hygiene & Healthy Eating (5 weeks from 18 April)	10:00-15:00 Advice & Info Appts 10:00-11:00 – Walking Photography – 5 and 26 April 11:00-14:00 Butterfly Café	11:00-12:00 Walk for Health, Leatherhead Theatre 13 April
Afternoon	15:30 – 16:30 Football Training , Leatherhead Leisure Centre	12:30-15:30 Emotional Health & Wellbeing (4 weeks from 30 April)	13:30-15:30 Women’s Group - Play Reading 3 and 10 April - Sewing Project Patchwork Picture (8 weeks, 17 April – 5 June)	13:00-17:00 Advice & Info –Linden House - 14:00-16:00 Dorking Foodbank – Christian Centre, Dorking – 11 April		
Evening			18:30-20:30 First Aid Course – Ends 5 April 18:30-20:30 Mosaics (5 weeks from 17 April)	19:00-21:00 Bipolar Group 4 April 19:00-21:00 Hoarder’s Group 11 April 19:00-21:00 Men’s Group 25 April		

All activities are weekly unless dates are otherwise stated.

Please note that courses and activities won't run on Bank Holidays.