



SUSTAINABILITY

Did you know that improving your environment can improve your wellbeing?

Want to learn how? Join us on Tuesday 18 December, 2-3pm at the Brickfield Centre, Portland Place, Epsom KT17 1DL.

Please let us know you are coming:

Email info@maryfrancestrust.org.uk

Mary Frances Trust is a local emotional wellbeing charity, to find out more visit maryfrancestrust.co.uk, email info@maryfrancestrust.org.uk or call 01372 375400.