



Did you know that learning a new skill can improve your wellbeing?

Come along to our free 5 week  
Beginners Mosaics course  
and learn the beautiful craft of mosaics

The course will be held on Tuesdays  
At  
Tadworth Leisure Centre  
Preston Manor Road, Epsom, Tadworth KT20 5FB

The session starts on 9<sup>th</sup> April 2019  
Times: 12 noon – 2pm

To join, you need to register with Mary Frances Trust  
You can contact MFT by:  
Tel: 01372 375400, Text: 07929 024722  
email: [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)

*Mary Frances Trust supports people to improve their emotional wellbeing through one to one support, courses, groups and activities designed to aid recovery*

**SURREY CARE TRUST**  
Nurturing skills | Changing lives

Mary Frances Trust

